



**Weekly Update**





The American Red Cross understands that while living and working outside of the continental United States it can be difficult to keep in touch and be there for your family members who are living in the states. That is why our primary mission here is to connect you with you loved ones during a family emergency. The American Red Cross can verify the emergency and pass the verified information to your supervisor so they can make the appropriate decision regarding your leave. Below is some helpful information regarding how to initiate a Red Cross Message and what you local Red Cross can do for you

## If the family of the DoDDS employee would like to start a message from CONUS:

Visit [www.redcross.org](http://www.redcross.org) to find the nearest ARC office. There you can type in your local zip code (front and center on the main page) and the nearest Red Cross office's information will be displayed. They can also call the ARC main service center at **1-877-272-7337**.

Your family now has a local Red Cross number to call and start an emergency message. This will eliminate the family's need to try and contact the service member or government employee overseas because the local CONUS Red Cross will dispatch the message to their remote or overseas location.

When initiating a message the family will need:

-  The DoDDS Employee name, social security number, exact location of the worker (i.e. Ramstein Middle School)
-  The name, location and phone number of the hospital, funeral home, doctor etc. where the American Red Cross worker can verify the emergency.


Please make sure your family has this information before an emergency situation arises.


If you have any questions regarding the Red Cross Emergency Services message process or initiating a message please contact your nearest Red Cross Office: **257-8488**


## If you, the DoDDS employee, would like to start the emergency messages remember we will need:


- Your Unit Information, Social Security Number, Rank etc...
- The Name, Location, and Contact Information for the hospital, funeral home, or doctor whom the Red Cross will be contacting to verify your family emergency
- The name and phone number of a family member local to the area the emergency has taken place in so that the local Red Cross may contact someone locally if more information is necessary
- The name and phone number of your supervisor to whom the verified Red Cross message information should be passed.


## Other Helpful Information:


 ARC provides emergency assistance 24 hours a day.

 **How the Process Works:** Once a Red Cross message is initiated a Red Cross Caseworker will verify your family emergency. The verified message is sent to the Red Cross office nearest to where the DoDDS employee works. ARC will contact the DoDDS employee and/or supervisor to relay the message. In most situations the ARC will pass the message to the supervisor first, and then the supervisor will contact the DoDDS employee.

 The American Red Cross **verifies** the emergency situation and provides the appropriate personnel with that information so that DoDDS may make an informed decision regarding granting employee leave.

 The American Red Cross also processes emergency messages for family members of the DoDDS employee.

 The Red Cross will also provide assistance when communication with a loved one has been lost for an extended period of time. This is a means of re-establishing contact with family members stationed overseas.

 The American Red Cross does not provide written copies of the message. If others need verification of your emergency please have them contact the nearest Red Cross office.

# Marine Corps Family Team Building

## 1. Beyond the Brief

MCFTB hosts a series of classes for spouse and family members of deployed Marines and Sailors.

"Stress Busters": 21st September, 1800-1930 we will host a fun Stress Busters class. MCFTB Conference Room, Building 244. See attached flyer.

"Casualty Notification Brief": 5th October 1000-1130.

Childcare reimbursed. Please RSVP to Caron Ferguson, 257-2658 or Jayme Alexander, 257-2650.

## 2. LIFESKILLS

LifeSkills sessions are targeted specifically to help Marines and their families successfully meet the challenges of everyday life, the mobile military lifestyle, and heightened operational/deployment tempo by targeting three main areas of Marine families: Family Life, Individual Enhancement, and Leadership Development.

Contact Jocelyn Pratt, LifeSkills Trainer at 808.257.2653 or [Jocelyn.pratt@usmc.mil](mailto:Jocelyn.pratt@usmc.mil) to register for all LifeSkills Classes:

September 22, 0900-1300 "Visual Communication: Dress the Part"

October 6, 0900-1300 "Looking at the World Through Different Lenses"

## 3. Family Readiness Advisor Training

Mandatory training offered to family members who would like to volunteer as a Unit Family Readiness Advisor or Assistant. 28-29 September 1730-2030 at MCFTB Building 244. POC: Mele Stender, 257-2657 or [hannah.stender@usmc.mil](mailto:hannah.stender@usmc.mil).

## 4. Federal Application Workshop

Instructions for completion of the federal employment application. This is a must for those individuals interested in seeking employment with the federal government. Sept 23 COMCAM Building 267, classroom 2, 0900-1100. Open to all ID Cardholders with base access. Reservations required. POC: Marine & Family Services, 257-7787/7790. Additional dates available: 13 Oct

## 5. Operation Ohana at Kaneohe Bay Airshow

Operation `Ohana is a program series of quarterly events for family members of deployed Marines and Sailors stationed aboard MCB Hawaii. Join us at the Kaneohe Bay Airshow Military Appreciation Day on Friday 24 September from 1400-1700. Free food and beverages will be available and children under the age of 12 can enjoy free unlimited carnival rides. Contact your Unit Family Readiness Officer (FRO) to RSVP. POC: Jocelyn Pratt, 257-2653

## 6. Premium and Reserved Seating for the Kaneohe Bay Air Show

Admission to the Kaneohe Bay Air Show is FREE. Premium and reserved seating options are available for purchase while supplies last at our website [www.kaneohebayairstow.com](http://www.kaneohebayairstow.com) or at ITT KBAY 254-7563 and Camp Smith 477-5143. SAT 25 SEP: 0900-2300, SUN 26 SEP: 0900-1700. Aerial performances by military and civilian aircraft on both days. Saturday BayFest performances include Kings of Spade,

Mike Corrado, Willie K, Natural Vibrations. POC: MCCS Marketing, 254-7679,  
[www.kaneohebayaairshow.com](http://www.kaneohebayaairshow.com).

#### 7. Youth Activities Fall Day Camp

October 4-8, 2010 Fall Day Camp for all CYTP members aged 5-12 years. A wide variety of fun and educational activities, arts and crafts, music, nature walks, sports and more. Morning and afternoon snacks provided. Campers provide their own lunch. Registration starts September 13 at Youth Activities, Building 1090B. Space is limited. POC 808-254-7610

#### 8. Mark your Calendars for the Harvest Festival

A Harvest Festival will be held on Friday, October 22nd from 1600-1830 at the Youth Activities/Teen Center. There will be a pumpkin patch, a "non-scary" haunted house, bouncy house and games with prizes for all. Come join in on the fun. For more info see the attached flyer or call Youth Activities at 254-7610.

# Single Marine and Sailor Program

*Here are some upcoming events offered by the SMSP that you can take advantage:*

## **Volunteer Opportunities**

VOLUNTEERS USUALLY RECEIVE A LETTER OF APPRECIATION AND OTHER SMALL ADVANTAGES DEPENDING ON THE EVENT. IT PAYS TO PARTICIPATE ON WAY OR THE OTHER. ATTEND OR VOLUNTEER

## **Ongoing**

Single Marine and Sailor Program receives funding from these activities: Rental of inflatable's like bouncy house, the javelin, boxing, and water slide for a \$100 and Paintball Hawaii

## **Activity Assistance**

We put our best foot forward to bring the events you want and deserve, but we need your input and participation. This is your program. What do you want to do? Just please keep in mind great events take approximately 6weeks to push through from the anticipated date.

## **Quality of Life Issues**

Your Single Marine and Sailors Program also deals with quality of life issues. These issues can range from Barracks, Transportation/liberty bus, medical/dental, dining facilities, and MCCS. The only thing that is asked if to give the Chain of Command a chance to first be notified and time allotted to handle the situation.

# Single Marine and Sailor Program

## DIAMOND HEAD HIKE

**Saturday, October 9**  
**0900 - Free**  
**Meet at Kahuna's Rec Center**  
**Open to All Single Unaccompanied Marines & Sailors - E5 & Below**  
**Transportation provided**

**REMEMBER TO BRING**



- Sturdy Walking Shoes
- Sunscreen
- Water

**3 Easy Ways to Sign Up!**

1. Walk in - Stop 1025, Single Marine & Sailor Program Office
2. Phone - 254-7583, Single Marine & Sailor Program Office
3. Email - [nel.wargen@usmc.mccs.org](mailto:nel.wargen@usmc.mccs.org), Single Marine & Sailor Program Coordinator

**0900** Meet at Kahuna's Recreation Center  
**0930** Depart Kahuna's Recreation Center  
**1000** Begin Hike  
**1300-1400** ETA to K-Bay

For more info contact SMSGP Coordinator Neil Wargen at 254-7583

## SURF LESSONS

**AT WHITE PLAINS BEACH**



**Sundays**  
**0900-1500**  
**\$20** per person  
First come first served, limited to 25 participants

**September 19 • October 17**  
**November 21 • December 5**

**INCLUDES: LESSONS, GEAR RENTAL (BOARD), TRANSPORTATION AND BBQ**

**OPEN TO ALL SINGLE/UNACCOMPANIED MARINES & SAILORS - E5 & BELOW**  
**TRANSPORTATION PROVIDED**

**REMEMBER TO BRING**

- Sunscreen
- Towel
- Dry Clothes
- "Reef-walkers" suggested

**0900** Meet at Kahuna's Rec Center (K-Bay)  
**0930** Depart K-Bay (Rec Center)  
**1500** ETA to K-Bay

For more info contact SMSGP Coordinator Neil Wargen at 254-7583

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LOGISTICS BATTALION

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This SNS is in direct support of the Marines, Sailors, Families, and Friends of CLB-3.

The following applies to all:  
No talk of troop movements.  
No talk of troop numbers.  
Leadership will be respected at all times.  
Violators will be deleted.

Information

Location:  
PO BOX 63030  
Kaneohe, HI, 96863

Insights

See All

174 Monthly Active Users

5 Daily New Likes

0 Daily Post Views

15 Daily Post Feedback

Insights are visible to page admins only.

19 Friends Like This

Combat Logistics Battalion 3 SUPPORT YOUR COMMUNITY! On Saturday, October 2nd, the 2nd Annual Making Strides Against Breast Cancer (MSABC) event at Richardson Field. The event educates and promotes breast cancer awareness. 300 volunteers are needed; shifts begin as early as 4am (event starts at 8am) and ends around 11am. Contact Kim (kim.ildefons...o@cancer.org) at 432-9154 or TSgt Jeff Wurn (Jeffrey.Wurn@Hickam.af.mil) at 449-8679. 42 minutes ago

Wall Info Photos Discussions Boxes Notes

What's on your mind?

Attach: Video


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42 minutes ago · Comment · Like · Promote




Combat Logistics Battalion 3 Sign up now for surf lessons. \$20 includes board rental, transportation and BBQ. Call 254-7593 for more information.


Surf Lessons

Location: White Plains Beach

Time: 9:00AM Sunday, December 5th



45 minutes ago · Comment · Like · Share · Flag




Combat Logistics Battalion 3 Join the SM&SP for a hike up Oahu's most famous landmark and don't forget your camera to capture the great views at the top. Please let us know if you're coming!

Diamond Head Hike

Location: Honolulu, HI


Time: 9:00AM Saturday, October 9th



Get More Connections

Get more people to like your Page with Facebook Ads! Preview below.

Combat Logistics Battalion 3



SUPPORT YOUR COMMUNITY! On Saturday, October 2nd, the 2nd Annual Making Strides Against Breast Cancer (MSABC) event at Richardson...

Andrew McCormack likes this.

Like

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http://www.facebook.com/notes.php?pub=2392950137

Internet 100%

start

Inbox - Microsoft Out...

Facebook | Combat L...

September Newslette...

9:14

# MCBH NEWS

## **Closure of Nu'upia Ponds Running Trail (through Nov. 15)**

The entire Nu'upia Ponds Running Trail will be closed to ALL civilian and military use, From Aug. 2 to Nov. 15. The trail is closed from the Mokapu (back gate) or the pedestrian footbridge side near the H-3 Front Gate. Access is prohibited during this time frame. This closure is for safety while contractors replace wastewater pipelines.

The Nu'upia Ponds Running Trail route is depicted in BaseO P5500.15B, Figure 11-1 and on the MCB Hawaii natural resources section of the MCB Hawaii website: <http://www.mcbh.usmc.mil/g4/environ/natural/Outreach.htm>

POC: Mr. Phillip Lum, Base Facilities Dept., 257-6900  
Dr. Diane Drigot, Base Environmental Dept., 257-3694

## **Road Closures**

In preparation to begin Phase I of the Mololani project, the following roads will be closed to through traffic.  
Brown Drive - at the intersection of Oheka St.  
Lawrence Road - at the intersection of Bauer Drive  
Bauer Drive - between units 2204/2205 and Bancroft.

POC: Irwin Tamura at 839-8788

## **28-29 SEP FAMILY READINESS ADVISOR & ASSISTANT TRAINING / MCFTB, BLDG 244, CONF ROOM / 1730-2030**

Mandatory training offered to family members who would like to volunteer as a Unit Family Readiness Advisor or Assistant.

POC: Mele Stender, 257-2657 or [hannah.stender@usmc.mil](mailto:hannah.stender@usmc.mil).

## **29 SEP ACT EXAM / BLDG 220, CLASSROOM A / 0745**

Available to military personnel only.

College-level entrance exam required by some schools and officer commissioning programs.

POC: Maria Fullenwider, 257-2158.

## **29 SEP BOOKS AND COOKIES WITH WALLY AMOS / BASE LIBRARY, BLDG 219 / 1500-1545**

Great stories and yummy cookies with Uncle Wally.

Open to all military families, sponsored guests and DoD civilians.

POC: Merri Fernandez, 254-7624.

## **30 SEP DEFENSE LANGUAGE PROFICIENCY TEST (DLPT) / BLDG 220, JEC COMPUTER LAB / 0745**

**Additional dates available: 6 Oct, 7 Oct, 26 Oct**

Marines qualified to receive foreign language proficiency pay are required to take annually.

Two days of testing required; must register in advance.

Open to all active duty personnel.

POC: Maria Fullenwider, 257-2158.

## **30 SEP NUTRITION CLASS ON THE EFFECTS OF SUPPLEMENT USE / BASE CHAPEL / 1130**

Find out about the use of supplements. Get your info from the source.

Dietician from Tripler AMC provides the info at the lunch and learn program.

Healthy snacks are provided at the brown bag lunch series

POC: Dan Dufrene or Neil Morgan, 254-7636.

## **1 OCT PRACTICE GED TESTS / JEC BLDG 220, CLASSROOM A / 0745**

Open to active duty, reserves, family members, DoD Civilians.

GED – General Education Development exam (for those lacking high school diploma).

Practice tests pinpoint exactly which academic areas need the most attention.

POC: Maria Fullenwider, 257-2158.



# MCBH NEWS (Continued)

- 1 OCT**      **TRIM-A-HOME OPENING / MCX / 0900-2100**  
POC: MCX Customer Service, 254-3890.
- 1 OCT**      **FBI INFORMATION BRIEF / COMCAM BLDG 267, CLASSROOM 1 / 1000-1200**  
**Additional dates available: 5 Nov**  
An information brief regarding FBI agents and professional staff.  
Open to all ID card holders with base access. Reservations required.  
POC: Marine & Family Services, 257-7787/7790.
- 1-23 OCT YOUTH BASEBALL & BASKETBALL REGISTRATION / SEMPER FIT CENTER / 0845-1500**  
\$55 per baseball registration; \$45 per basketball registration  
Open to children 7-14 years (baseball), 5-14 years (basketball).  
Practices start the week of 6 Dec; games are 8 Jan-26 Feb 2011.  
POC: Clark Abbey, 254-7473